

While we wait, saturate.

I wait for the LORD, my soul waits, and in his word I hope; (Ps. 130:5 ESV)

1. Saturate yourself with the Word of God by reading, studying, meditating, and learning His Word.
2. Study about God's goodness.
  - a. Read about the wonderful things that God has done.
  - b. Spend some time counting your blessings.
  - c. Meditate on God's great love.
3. Study about God's promises: God has promised...
  - a. Help when we are in need. Heb 4:16, Ps. 121:2
  - b. Forgiveness when we are guilty. 1 Jn. 1:9, Prov. 28:13
  - c. Strength when we are weak. Is. 41:10, Ps. 27:13-14
  - d. Comfort when we are in sorrow. Is. 61:1-2, Mt. 5:4
  - e. Grace when we are suffering. 2 Co. 12:8- 10
  - f. Healing when we are sick. Jas. 5:13-16, 1 Pet 2:24
  - g. Protection when we are in danger. Ps. 27:5, 50:15
  - h. Courage when we are afraid. Ps. 46:1-2, 34:4
  - i. Peace when we are upset. Is 26:3
  - j. Rest when we are weary. Mt.11:28
  - k. Guidance when we face decisions. Ps. 32:8, Pro 3:5,6
  - l. Strength when we face temptation. 1 Co. 10:13
  - m. Provision when we have financial need. 2 Co. 9:8, Mt. 6:25-34
  - n. Companionship when we are alone. Heb. 13:5
  - o. Encouragement when we are defeated. De. 33:27
4. Study about God's power: this will help you to see that God is able to solve any problem you face or give you strength to face any problem.